

Training in
ALCHEMY
and Plant Medicine



THE ANCIENT AND MODERN TECHNIQUES OF ALCHEMY
Learn how to make your own plant medicines
Practical Alchemy * The Art of Distillation

International gathering. Open to all to attend.
with lunch and dinner held at the
Heilsustofnun Center
July 7-9th

Join us for an exploration into the philosophy, theory and practice of alchemical tradition. Learn the history of Hermetic Mysticism and the techniques used by the forefathers of modern chemistry, herbology and medicine. This two day seminar (plus Friday evening introduction at the Heilsustofnun Center) will provide an in depth look at both inner and external alchemy utilizing a wide spectrum of alchemical teachings including Vedic, Taoist and the Western Hermetic Traditions.

This is a practical workshop and we are setting up an alchemy lab so you can witness the complete experience. We'll look at various laboratory apparatuses, their description, set-up and use, as well as laboratory safety. Working with the plant kingdom through the art of distillation, we'll create an alchemical menstruum as well as an essential oil for your personal use. Participants will also take home bottles of the Spagyric tincture and essences we will create in the class. We are also training participants in an advance procedure called 'Oil of Egg'.

The goal of this course is to provide you with a foundation for a physical, mental and spiritual understanding of the fundamental mechanisms of Nature, through the magical spectacles of the Western Esoteric Alchemical Traditions

Timetable
Friday July 7th
7.30pm-9.30: Introduction
Saturday July 8th
9am-12.00: Session 1
Lunch
2-6pm: Afternoon hike/swim
Dinner
7.30-9.30pm: Session 2
Sunday July 9th
9am-12.00: Session 3
Lunch
2-5pm: Session 4



Paul Harris (Canada)

Paul is an inventor, eclectic researcher and educator from Canada who has spent most of his life studying various forms of esoteric knowledge and phenomena including Alchemy and Sacred Geometry. He has taken a multidisciplinary approach to life and has developed a knowledge-base in a wide area of studies including Herbology, Permaculture, Water Technologies, Alternative Fuel and Energy Systems, Electronics, Chemistry, Plasma Physics, Archaeoastronomy, Esoteric Philosophy, Spirituality and Religion.

Paul has found this diversity necessary in understanding the fundamental principles behind the workings of nature and has taught courses on practical Alchemy, Sacred Geometry, Advance Energy Technology and the applications of these systems for the past 20 years. He is also the inventor of the Theraphi Wellness Device (www.Theraphi.tech) which is a dynamic example of applied Sacred Geometry to the healing arts and you will be able to have free session with the Theraphi during our weekend of Alchemy.

More information and Bookings: Ingi@heilsustofnun.is

COURSE DESCRIPTION

On Friday evening, you will enjoy a lively presentation with our Alchemy teacher **Paul Harris** from Canada. This is a good chance for you to get a sneak peek at the weekend's Alchemy workshop and network and socialize with our participants from all over the world. This is a practical workshop and we are setting up an alchemy lab so you can witness the complete experience. The weekend workshop has both introduction level and 'next step' advanced trainings.

Spagyrics "open" medicinal plants completely to release powerful healing properties. The word Spagyrics has its origin in Greek: from spao-I collect, and ageiro -I extract. It is a method of separating and preserving the hidden qualities (signatures) of plants and minerals in elixirs, tinctures, and powders.

You will discover and master the techniques to "open medicinal plants" and then to "exalt their essence and constituents" and then recombine them into a personal medicine. The result is subtle yet powerful medicines free of the impurities normally associated with their gross material forms. By learning to make tinctures and elixirs and work with essences, you will become healthier, mentally clearer and spiritually stronger for the challenges of the Great Work ahead

What Is Alchemy

We know that chemistry is defined as 'The science of the composition, structure, properties, and reactions of matter, especially of atomic and molecular systems' and that chemistry is the lineal descendent of Mediaeval and Ancient 'Chemistry'. The word alchemy comes from the Arabic 'al kima'. Some believe the word to have come from the Egyptian word 'chem', meaning 'black' and relating to the description of Egypt as 'The land of the black soil'. The 'black soil' referring to the silt deposits from the annual flooding of the Nile river. Others believe it more likely to have derived from 'chyma', a Greek word relating to the casting or fusing of metal. There seems to be other related Greek words like 'chymos', meaning 'plant juice', and 'chylous', a similar word but with the attribute of 'taste'. It appears as if the early roots of working with metals and the extraction of juices from plants were closely linked. The earliest use of the modern word Alchemy is found in the works of Julius Firmicus Maternus, the Astronomer, who lived in the fourth century, in the time of the Emperor Constantine. However, regardless of where the word 'alchemy' began, it has come to mean a very special form of spiritual development.

Simply put Alchemy is the art of transformation or transmutation and can be thought of as the raising of vibrations. In the physical sense, we hear stories of old disseminating the idea of turning 'lead into gold'. The metaphor here is the idea of transforming something from a gross, unrefined state to a perfect and purified form and this process has come to be known as transmutation. Turning base metals into gold can also be viewed as more than a chemical operation carried out with laboratory equipment, as we read more into alchemical literature we see that a great deal of the work is aimed at a mental and spiritual level.

"Paracelsus summarized this rather well when he pointed out that the alchemical transmutation was impossible unless the alchemist HIMSELF was in the process of transformation." - Manley Palmer Hall

Alchemy is one of the world's oldest traditions -- a unique blend of science and spirituality that has the potential to create a new vision of the world. Alchemy offers a way of living in accord with the basic patterns of the universe that can result in magical transformations in your life. Through the learning, understanding and application of alchemical principles, modern science and quantum physics can return to its roots, that of an inseparable universe, and where the role of consciousness and ethics has a hand in working with matter.



Advanced Alchemical Procedure - The Oil of Egg - *Ovum Philosophicum*

- What does this Symbol of Life hold in store?
- Discover the magic and power of extracting its essences.

This humble shape has a lot to offer us. Considered the symbol of life, we'll take an in depth alchemical look into everything Egg. We will create powerful medicines with eggs and explore its untapped miracles. Cracking the cosmic egg in Iceland, there couldn't be a finer setting for this profound work!

"In alchemy the egg stands for the chaos apprehended by the artifex, the prima materia containing the captive world-soul. Out of the egg — symbolized by the round cooking vessel — will rise the eagle or phoenix, the liberated soul, which is ultimately identical with the Anthropos who was imprisoned in the embrace of Physis." - Carl Jung

Featuring

- Practical Alchemy and The Art of Distillation
- Learn how to make your own plant medicines
- Introduction and Advanced material is covered
- Practical Alchemy with The Egg
- The Alchemy of Cosmetics

Course outline

- The role of Sacred Geometry in Alchemy
- Types of Alchemy
- Laboratory Safety and Equipment
- Distillation Setup
- Rectification of the Spirit of Rosemary
- Three Alchemical Principles in the Three Realms
- Alchemical History
- Paracelsus
- Rudolph II
- John Dee and Edward Kelly
- Tycho Brahe
- Johannes Kepler
- Isaac Newton
- Herbal Tincturing and Essential Oil Distillation
- Calcination
- Planetary Correspondences and Seven Planetary Elixirs
- Alchemical Elixirs
- Spagyric Herbal Tincture
- Preparation and Uses of Herbal Elixirs
- Preparing for the Mineral Work
- Alchemical Relationships
- Kabbalah

Advanced trainings:

- The Mysteries of The Egg
- Creating Natural Alchemical Cosmetics
- Preparing for the Mineral Work
- Rectification of Oil of Egg
- Bottling of Products (take home your samples)
- Participants will also take home bottles of the “Oil of Egg” which we will create in the classes.

